

Routine Restart Worksheet

Repair one routine without rebuilding everything at once.

1 · NAME THE ROUTINE AND THE BREAK

Routine: _____

What happened at the point it stopped working? _____

2 · AUDIT THE CUE

Old cue or event:

Does it still happen when needed?

☐ **YES** ☐ **SOMETIMES** ☐ **NO**

Replacement event or flexible window: _____

3 · CHOOSE ONE ROUTE

☐ **KEEP** - the route still fits

☐ **SHRINK** - action is too large

☐ **MOVE** - cue or place no longer fits

☐ **REMOVE** - result no longer matters

Change only the selected component during this trial.

4 · BUILD THE MINIMUM VERSION

After this event: _____

I will do this one useful action: _____

I may stop when this is visibly true: _____

A minimum version protects access or the next consequence; it does not pretend to equal the full routine.

5 · SEVEN OPPORTUNITIES: NOTICE · START · PROTECT

DAY 1			DAY 2			DAY 3			DAY 4			DAY 5			DAY 6			DAY 7		
Cue	Start	Result	Cue	Start	Result	Cue	Start	Result	Cue	Start	Result	Cue	Start	Result	Cue	Start	Result	Cue	Start	Result
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